

**Island County Board of Health  
Regular Meeting - Monday, May 16, 2011  
Minutes**

**Members Present:** Commissioners: Helen Price Johnson, Angie Homola, and Kelly Emerson; and, Roger S. Case, MD, Executive Secretary to the Board.

**Members Absent:** Anne Tarrant, Whidbey General Hospital Commissioner; Jim Slowik, Mayor of Oak Harbor; Captain Susan Lichtenstein, MSC, USN, Ex-Officio Member.

**Call to Order:** Chair Helen Price Johnson called this Regular Meeting of the Island County Board of Health to order at 1:27 p.m.

**Additions or Changes to the Agenda:** There were no changes or additions to the agenda.

**Approval of Minutes:** The Chair called for the approval of the minutes of the April 18, 2011 Regular Meeting and the May 11, 2011 Special BOH/CHAB Joint Session. Commissioner Homola moved that the minutes of both meetings be approved as submitted. Commissioner Emerson seconded and the motion passed unanimously.

**Public Input or Comments:** The Chair invited members of the public who wished to provide input or make comments to indicate their wish to do so. No members of the public asked to speak.

**Presentation – ACHIEVE Program:** Carrie McLachlan, Assessment and Community Development, told the Board that it was her pleasure to bring the ACHIEVE Team before them today. ACHIEVE, 'Action Communities for Health, Innovation, and Environmental Change', is a nation-wide initiative to bring community leaders together to create healthier environments through the physical built environment and through policy change. The ACHIEVE program has been funded for 18 months by a NACCHO (National Association of City and County Health Officials) grant. Carrie advised that she was very pleased that several of the ACHIEVE Team were here today to represent different components of the ACHIEVE Team work.

Vincent Nattros, member of ACHIEVE Team, introduced himself to the Board and talked about the ACHIEVE Team's policy recommendation letter to the Board. He suggested that the ACHIEVE Team sees this as an auspicious time to make recommendations for revisions to the Island County Parks and Habitat Conservation Plan which is currently under review. Recognizing the current environment of economic and staffing restraints, the recommendations are low or no cost initiatives that can have a huge impact towards creating healthy environments. Michele Renninger, Registered Nurse with Whidbey General Hospital and Director of Community Outreach and ACHIEVE Team member, told the Board that she had been tasked to find a small project that could impact people's life style and health choices and that could be influenced by policy. The project involved a simple patient survey asking three questions involving their physical activity, nutrition and tobacco exposure. This was followed-up with a phone call to gauge impact. Although a small study, people responded positively to having a low or no-cost opportunity to choose opportunities to make healthy choices. Joantha Guthrie, Public Works staff and ACHIEVE Team Member, described her involvement which is the Free-Range Kids Program. It is a program to encourage kids being able to explore and play safely on their own. A social marketing campaign is being developed to foster the program. Terri Arnold, South Whidbey Parks and Recreation Director, talked with the Board about how effective the ACHIEVE Team has been on working in the community and her fear of some of these initiatives will not continue when funding ends. She went on to discuss tobacco free policies in public spaces and how, she thinks, it is a natural evolution to applying that to public open spaces. South Whidbey Parks has not initiated a formal policy prohibiting tobacco products but has established areas that are smoke free. Enforcement is by encouraging behavior modifications, not by inflicting punishment. She recommended that the BICC consider including a smoke-free policy in the County's Park Plan.

Carrie McLachlan introduced Emmy McNeil, who is the ACHIEVE Team "Coach". Carrie summarized that the ACHIEVE Team hopes that the County Parks & Habitat Plan include amended policies that will impact health such as tobacco free facilities, connectedness to encourage walking, and social marketing prompts that espouse healthy lifestyles.

Keith Higman suggested that the Board of Health's role, should they choose, would be to recommend that the Board of County Commissioners consider incorporating healthy policies in the Plan. Keith offered to facilitate an opportunity for the Public Works Director and the County Park Director to discuss these issues with the Board.

**Well Site Waiver Request: Ms. Barbara Howes:** Vin Sherman, Environmental Health Specialist, reviewed the details of the waiver request. This is an application of a waiver of one well site setback requirement. The applicant, Barbara Howes, 7460 Humphrey Road, Clinton, WA, proposes a waiver of the requirement for a 100-foot setback from the public road to be able to drill a single-party well 82 feet from the center line of Humphrey Road (52 feet from the County Road Right of Way). The proposed well site is in a flat spot away from slopes, but a well sited 100-feet from the County road right-of-way would be on the edge of a steeper slope in a location possibly more vulnerable to slides. The 100-foot pollution control radius of the proposed well does not impact on private property other than that of the occupant. Health Department Staff recommends that the waiver to allow the drilling of a single-party water well on Parcel S7010-00-00010-0 (as an off-site well serving the existing residence on parcel S7010-00-00010-0) be approved.

Following a discussion of the sight issues, Commissioner Emerson moved that the waiver application be granted. Commissioner Homola seconded. The motion passed unanimously to grant the well site waiver to Ms. Barbara Howes, 7460 Humphrey Road, Clinton, WA to drill a single-party well at the location proposed.

**Contracts:** There were no contracts presented for approval and signature.

**Legislative Updates:** Staff has no legislative update other than the immunization bill, supported by this Board, has been signed into law.

**Health Department Report:** Mr. Higman advised the Board that he will provide the Board with a web address to see the report on "Children's Food Environment State Indicator Report, 2011". Also, a reminder that NALBOH (National Association of Local Boards of Health) will be holding a national conference in Coeur d'Alene, Idaho in September and Board of Health Members may be interested in attending. Commissioner Price Johnson reported on the success of the recent drug take back opportunity sponsored by DEA funding and staffed by the Island County Sheriff's office. Statewide sights averaged 100 pounds per sight with Coupeville collecting 25 pounds, Freeland 82 pounds, and Oak Harbor 130 pounds.

**Adjourn:** There being no further business before the Board, Chair Price Johnson adjourned the meeting at 2:20 p.m. The next meeting of the Board of Health will be a Regular Meeting held on June 20, 2011 at 1:15 p.m. in the Commissioner's Hearing Room (B102) in the Court House Annex Building.

Submitted: \_\_\_\_\_  
Roger S. Case, MD  
Executive Secretary to the Board

Minutes approved this 25th day of July 2011  
ISLAND COUNTY BOARD OF HEALTH

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Helen Price Johnson, Board Chair